

**Wauna Food Buying Co-op and
Emergency Preparedness Group**
News Letter – 26 Nov 2008

----- Forwarded Message -----

From: Wauna Wa Bulk Food Buying and EP Coop <WaunaEP@yahoo.com>
Sent: Wednesday, November 26, 2008 6:23:31 PM
Subject: NEWS LETTER- 11/26/08-This is the time of year there are mushrooms everywhere

From: Peninsula Emergency Preparedness Committee <prepare@pep-c.org>
Subject: PEP-C POINTERS: dogs and mushrooms

This isn't a general emergency preparedness tip for all - just for those who have dogs. We have just had a second instance in a year of a puppy getting into a mushroom and almost losing her life. I reported to my dog friends about Gaby, being walked on leash diving down and grabbing a mushroom and her Mom swooping down and scooping it out of her mouth. Even so, she had an immediate and severe reaction and they nearly lost her.

So - patrol your fenced yard every day and pick and discard all mushrooms. Walk your dog on leash only on the pavement where he can't get to the stuff growing on the side of the road and pick his potty spot carefully.

Jo Anne

Preparedness is an act of love. Prepare because you care. PEP-C (Peninsula Emergency Preparedness Committee) web site: www.pep-c.org PO Box 1217 Gig Harbor WA 98335 <prepare@pep-c.org>

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## FEEDBACK

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Here is some feed back from out recent news letters and some questions and answers from those emails. I thought you would like to see them instead of me just writing back to each person individually..... and hopefully it will also help you know that our Co-op really is alive and well and functioning...

Thanks to all of you for the feed back over the months. I guess I should put those feed back letters here in the news letters more often...

Cordell

----- Forwarded Message -----

From: "happygirl3330@aol.com" <happygirl3330@aol.com>

To: WaunaEP@yahoo.com

Sent: Monday, November 24, 2008 8:50:33 AM

Subject: Re: Drying food with a door knob.... News Letter - 11/23/08

Dear Cordell,

Where did you find the glass pickle jars ??? I love the glass and have several but would love to buy at least 50 glass jars.

Can you help me ??

Linda Marshall

Can any one help Linda out? We used to go to McDonalds or restaurants and ask them for the gallon glass jars when we lived in Utah. Many use plastic now but some things like pickles still come in glass and they just throw the jars away. They were always glad to let us have them.... Because we love pickles we buy them a gallon at a time at Costco and so it does not take us long to get 8 or 10 of them. Any other suggestions for Linda about where to get gallon glass bottles?

Also by the way... if you use glass bottles to can or store food be sure to put rubber bands around them so in an earth quake they will not break when they clank together. You should also put some kind of strap on the front of the shelf so they will be secured and not come off onto the floor in an Earth Quake. A piece of stretchable rubber rope works good. You can buy it at Home Depot. It looks like regular nylon rope but it will stretch like a rubber band. If you nail a piece of it on the front of each shelf then it is easy to move it down to get the bottles out but if it is tight enough they will not fall off in an earth quake. I have seen people use pieces of old car tire inter tube too. Something needs to be there or all your bottles will be off on the floor and broken.

Cv

----- Forwarded Message -----

From: Christine M. Anderson <oilsoffice@yahoo.com>

To: WaunaEP@yahoo.com

Sent: Monday, November 24, 2008 8:00:01 AM

Subject: Re: Drying food with a door knob.... News Letter - 11/23/08

I read your door knob and saw your pictures. If you put fruit in kerr jars with the seal and put them in your oven at 200 for about 15 minutes, and pull them out and leave them to cool on the counter tops, they will SEAL and vacuum pack to dry and store better. Chris

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Great Idea Chris. WOW!!! That should make the dried fruit or jerky last almost indefinitely..... Great suggestion... thanks.... Cv

----- Forwarded Message -----

From: Farr Cathryn <cathrynfarr@comcast.net>

To: Wauna Wa Bulk Food Buying and EP Coop <WaunaEP@yahoo.com>

Sent: Sunday, November 23, 2008 6:35:34 PM

Subject: Re: Drying food with a door knob.... News Letter - 11/23/08

Cordell,

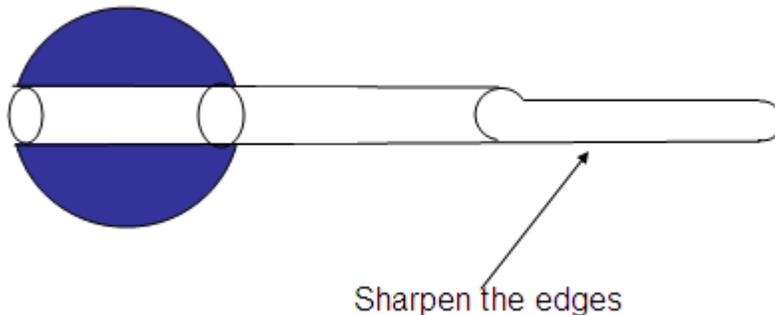
You are doing a great job with this!! Thank you so much, Im going to show this to my husband so he can make me one!

The council from last conference came to mind as I was reading of your new invention-- Eat it up, wear it out, make it do or do without! We will see in our daily walk, opportunities increasing in frequency to live this council. So CHEERS to your ingenuity! And keep up the good example!

Cathryn

Thanks Cathryn and thanks for letting us participate with your group too...I am going to try to make an apple / pear coring tool that is longer. It needs to be little like this one I have but this door knob still does not go all the way through the apple. Even the golf ball sized ones. So I have to do it from both ends. I am going to go to Home Depot and get a piece of 1/2 inch chrome covered pipe (used for water pipe) and then go to Michael's and get a round wood ball. Drill a hole all the way though the wood ball just the size of the pipe so it fits really tight but goes clear though he ball so if there are apple cores stuck in the pipe I can still push something through it to clean it out. Then cut the pipe in half up about 6 inches so it will sure go through the apple. Then sharpen the edges of the 1/2 of the pipe exposed from what was cut away so it is sharp like a knife and will cut the apple once inserted inside. I will take a picture of it when I get it done an tell you how it worked.

It will look something like this



----- Forwarded Message -----

From: "susan@colvio.com" <susan@colvio.com>
To: Wauna Wa Bulk Food Buying and EP Coop <WaunaEP@yahoo.com>
Sent: Sunday, November 23, 2008 10:17:45 AM
Subject: RE: Drying food with a door knob.... News Letter - 11/23/08

AH, Cordell, you are such a fun person to know. Thank you for all the tips and help you give.
Susan

----- Forwarded Message -----

From: "loapualani@comcast.net" <loapualani@comcast.net>
To: Wauna Wa Bulk Food Buying and EP Coop <WaunaEP@yahoo.com>
Sent: Monday, November 17, 2008 5:29:12 PM
Subject: Re: 15 Nov 2008 News Letter

Hi! I love this photo! ;) Tell your son he looks "Pretty in Pink". Giggle, giggle, snort, giggle!
You may want to let people (especially wards) know that if they give me the material and the strapping, I'd be happy to make them one as well! ;)

Thanks for all you do!

Loa

Thanks for the offer Linda. It is not that expensive to just go buy 2 yards of nylon fabric anyway. And you can go to Good Will and buy 3 or 4 bags that have handles for \$1 each and just cut the nylon handles off for the stretcher handles. Then just sew an edge all the way around the fabric. Then sew the 6 handles on. We made our a little longer so you could put it up over your shoulder if you were carrying a heavier person a long distance. But you can also make them just bit enough for a good hand hold. If you notice in the picture of my pink stretcher, the handle by David's left foot was sewn on backwards so I cut it off and re-sewed it on around so it was on the edge. I was worried I would not be able to sew it on our regular sewing machine. But I just used a heavy needle and it worked fine on our regular sewing machine. I assume you did the same Loa when you originally made it. I broke a couple of needles until I learned how. Had to learn to let the machine pull the fabric in and not pull or twist it myself or the needle broke. Once I could see that I could sew on it myself, I also put a reinforcing strap on the back of each place the handle goes on the stretcher after Loa made the original strap. I had no trouble sewing through 2 thickness of strap. So you could probably make it yourself or ... ask Loa to help. With friends like Loa... it is amazing we are not all translated.... Thanks

for the offer to help Loa. And I hope you know how much we all appreciate you letting us participate with your group too. I hope we never need to use these stretchers but when we have the big earth quake they are telling us we are going to have, these stretchers may mean the difference between life and death for someone who is injured and needs to be transported to where there is help. (By the way you can make a stretcher with 2 poles and a blanket. If you put the blanket around the poles so the ends are in the middle of the stretcher, the weight of the person will keep the blanket from coming off. I have a whole bunch of handouts like that which I made after I took the CERTS training. Maybe I will start sharing them with you in these news letters. For example how you can take a rope and 3 pulleys and increase your lifting power by 3 times. So using that method you could actually lift a tree off someone that is way too heavy for you to lift alone... I will start putting some of my emergency preparedness and safety drawings and hand outs in these news letters if you would like to see them..... let me know.. Cv

----- Forwarded Message -----

From: "susan@colvio.com" <susan@colvio.com>

To: Wauna Wa Bulk Food Buying and EP Coop <WaunaEP@yahoo.com>

Sent: Saturday, November 15, 2008 6:12:13 PM

Subject: RE: a welcome to 3 new members of our coop and web page updated for them

Thank you, Cordell!

Susan

----- Forwarded Message -----

From: reina jackson <reinajackson@yahoo.com>

To: Wauna Wa Bulk Food Buying and EP Coop <WaunaEP@yahoo.com>

Sent: Saturday, November 15, 2008 11:09:17 AM

Subject: Re: a welcome to 3 new members of our coop and web page updated for them

THANK YOU!!!