

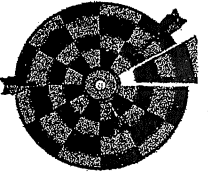
Are You Prepared?

Can you answer YES to each of these questions or do you need to work on them for you home?

1. Has your family rehearsed fire escape routes from your home?
2. Does your family know what to do before, during and after an earthquake or other emergency situation?
3. Do you have heavy objects hanging over beds that can fall during an earthquake?
4. Do you have access to an operational flashlight in every occupied bedroom? (use of candles is not recommended unless you are sure there is no leaking gas)
5. Do you keep shoes near your bed to protect your feet against broken glass?
6. If a water line was ruptures during an earthquake, do you know how to shut off the main water line to your house?
7. Can this water valve be turned off by hand wit out the use of a tool? Do you have a tool if one is needed?
8. Do you know where the main gas shut-off valve to your house is located?
9. It you smell gas, do you know how and would you be able to shut off this valve?
10. Gas valves usually cannot be turned off by hand. Is there a tool near your valve?
11. Would you be able to safely restart your furnace when gas is safely available?
12. Do you have working smoke alarms in the proper places to warn you of fire? Carbon Monoxide alarms?
13. In case of a minor fire, do you have a fire extinguisher that you know how to operate? (The fire department will test yours for free)
14. Do you have duplicate keys and copies of important insurance and other papers stored outside your home?
15. Do you have a functional emergency radio to receive emergency information?
16. If you and your family had to evacuate your home, have you identified an outside meeting place?

If an emergency lasted for 3 days (72 hours) before help was available to you and your family

17. Would you have sufficient food?
18. Would you have the means to cook food without gas and electricity?
19. Would you have sufficient water for drinking, cooking, and sanitary needs?
20. Do you have access to a 72-hour evacuation kit?
21. Would you be able to carry or transport these kits?
22. Have you established an out-of-state contact?
23. Do you have a first aid kit in your home and in each car?
24. Do you have work gloves and some tools for minor rescue and cleanup?
25. Do you have emergency cash on hand? (During emergencies banks and ATM machines are closed.)
26. Without electricity and gas do you have means to heat at least part of your house? (Think of how to cover broken windows)
27. If you need medications, do you have a month's supply on hand?
28. Do you have a plan for toilet facilities if there is an extended water shortage?
29. Do you have a supply of food, clothing, and fuel where appropriate: For 6 months? For a Year?



Tools & Supplies

- paper cups, plates, and plastic utensils
- battery-operated AM radio
- extra batteries
- flashlight
- non-electric can opener
- ABC fire extinguisher
- whistle
- toilet paper and towelettes
- liquid soap
- feminine supplies
- roll of plastic and duct tape to seal broken windows



Special Items

- extra eye glasses
- prescription drugs and medications
- baby diapers, food, and formula
- a family picture
- games and books
- copies of insurance policies
- bank account numbers
- inventory of valuables
- family records
- contact lens solution
- denture adhesive

Clothing & Bedding

- one complete change of clothes
- blankets or sleeping bags
- mylar blankets
- sturdy shoes
- warm socks
- hat and gloves

Preparing for disasters is a long-term goal. To make this task manageable, choose just two or three items that you will get each month.

Month #1 Items to buy

Item #1 _____

Item #2 _____

Month #2

Item #1 _____

Item #2 _____

Month #3

Item #1 _____

Item #2 _____

Month #4

Item #1 _____

Item #2 _____

Month #5

Item #1 _____

Item #2 _____

Month #6

Item #1 _____

Item #2 _____

Plan to rotate the items in your kit annually. This includes making sure the clothes you have stored still fit!